

Cosmetic surgery

in your lunch-break

10-minute facelifts, lunchtime lipo and breast-fillers – the latest quick-fixes can transform your body just minutes, and without a knife...



'I needed something to boost my boobs'

Daisy Price, 34, best's deputy features editor, opted for a boob jab to boost her cup size

The boob jab

WHAT IS IT? Dubbed the 'boob jab', Macrolane plumps up your cleavage with an injectable filler.

THE CINDERELLA EFFECT

Boosts by an average of one cup size with an injection of a gel filler made of naturally-occurring hyaluronic acid, which is pumped into the breast through a knitting needle-sized cannula.

LASTS Between 12-18 months, though you can have a top-up after a year.
BEST FOR Restoring volume or shape to droopy boobs, or padding out a flat chest.

OUCH FACTOR Quite painful once the anaesthetic wears off.

COST From £2600, with refills from £1400.

GET THE LOOK Angelica Kavouni, tel: 020-7486 9040, www.angelicakavouni.co.uk

When I lost over a stone, my chest shrank from a D cup to a B cup and even with a padded bra I didn't

feel confident. I thought about a permanent breast enlargement, but was worried because my weight tends to yo-yo and I didn't want to put the weight back on and end up with Jordan-sized breasts!

I thought the Macrolane injection would be perfect as it only lasts for 18 months – that way I could see if I liked my new boobs and also if I could keep the weight off. The procedure only took about 40 minutes, but was very painful. After the needle was inserted the surgeon had to move the acid around in the breast to distribute it evenly. Afterwards my boobs were very bruised, but otherwise I felt fine and went straight back to work. After two weeks most of the bruising had gone and I was happy with my new, pert and round, C-cup boobs. The padded bras have gone in the bin!



'I looked like I was more awake'

Saab Sangha, 37, a beauty salon owner from Datchet, Berks, had tear trough treatment for her dark circles



Instant eyelift

WHAT IS IT? Tear trough therapy fills out the area under the eyes for that refreshed just-back-from-holiday look.

THE CINDERELLA EFFECT

Hyaluronic acid is injected into the eye, below the tear duct, to plump the skin and reduce circles.

LASTS 18 months.

BEST FOR Tired-looking eyes that are prone to dark circles.

OUCH FACTOR

Definitely not one for the squeamish.

COST £450

GET THE LOOK Angelica Kavouni, tel: 020-7486 9040 or visit www.cosmetic-solutions.co.uk

Since my late-20s I've been conscious of the dark shadows under my eyes. I suffer from insomnia and on a good night I'll get around three hours sleep, so my eyes always looked dark. I used concealer, which helped, but being darker-skinned only made the problem worse.

Then I read about a new therapy which could 'fill-out' the area under my eyes, making me look more awake. I made an appointment in June with Angelica Kavouni, a Harley Street surgeon.

The most eye-watering part was the anaesthetic, but the treatment itself didn't hurt. Angelica injected hyaluronic acid into the corner of my eye, just below the tear duct. Then she gently moulded it with her fingers for a more even effect.

My eyes looked slightly red afterwards, but less sunken. The next day, the circles had disappeared and I looked younger. I hadn't told anyone about the treatment, and the girls at work kept staring at me and saying, "You look terrific – did you get loads of sleep last night?" It lasts 18 months and is the best £450 I've ever spent.

